

## **Counseling and Access Services**

### **Mission**

Counseling and Access Services' provides students professional, confidential counseling services, education on mental health and disabilities issues, appropriate community referrals; and ensures compliance with Section 504 of the ADA in providing appropriate academic accommodations for students with disabilities.

### **Vision**

Oklahoma State University- Okmulgee will become one of the premier public universities in the United States and lead in the creation of new Oklahoma.

To accomplish this:

- Counseling and Access Services will be a model unit that provides intervention services to at risk students.
- Counseling and Access Services will serve in the student learning process by increasing collaboration with the academic divisions to providing holistic learning opportunities for students.
- Counseling and Access Services will increase assistance and promotion of special events within other units.
- Counseling and Access Services will provide facilities and equipment to better meet student needs and expectations including the design of our one-stop Welcome Center.

### **Core Values**

**Excellence-** We seek excellence in all our endeavors, aspire to new heights, and are committed to continuous improvement.

**Intellectual Freedom-** We respect the rights of all to pursue knowledge in an unfettered manner.

**Diversity-** We believe diversity strengthens our character, and we will create and maintain an environment where diversity strengthens our character, and we will create and maintain an environment where diversity is respected and encouraged.

**Integrity-** We are committed to the principles of truth and honesty, and we will be fair, equitable, impartial, and professional.

**Service-** We believe that serving others is a noble and worthy endeavor, and we seek to provide exceptional service.

**Stewardship of Resources-** We are dedicated to the efficient and effective use of resources. We accept the responsibility of the public's trust and are accountable for our actions.

## **Goals, Critical Success Factors, Objectives, and Strategies**

**Goal One. Foster student development for prospective and current students to prepare them for careers.**

### **Critical Success Factors:**

- Enrollment increase of 100 FTE students or greater per semester
- Retention rate of 40%
- 100% of students receive orientation

### **Objectives:**

**Objective 1.1:** Provide ongoing programming and training for incoming and continuing students.

### Strategies:

- Provide information about Counseling and Access Services at the New Student Advisement Days.
- Provide current and accurate information on the Counseling and Access Services website concerning application for academic accommodations.
- Offer programming throughout each semester on successful college student coping/study skills.

**Goal Two. Enhance academic excellence by serving the campus community as consultant and advisor on personal and social issues.**

**Critical Success Factors:**

- 100% of students, faculty and staff have knowledge of available support services on campus
- 100% of students will know where to access information about community resource services

***Objectives:***

**Objective 2.1:** Provide information and presentations to the campus community.

Strategies:

- Provide in-service trainings to faculty and staff on mental health and disability related topics.
- Have printed materials available regarding campus and community resources, i.e., mental health and substance abuse issues .
- Provide virtual pamphlets on the Counseling and Access Services Website.
- Provide Sexual Assault Prevention Training to all male students.

**Goal Three. Provide outreach and services to the local community that increase education opportunities and support our diverse population.**

**Critical Success Factor:**

- Five annual community events will be organized by Counseling and Access Services

**Objectives:**

**Objective 3.1:** Provide education and information to the community.

Strategies:

- Host the Annual Disabilities Awareness Day on campus.
- Give presentations to area schools and agencies on counseling issues.
- Provide presentations to the M POWER Program participants.
- OSU-Okmulgee will be a screening site for the National Alcohol Screening Day.
- OSU-Okmulgee will be a screening site for the National Depression Screening Day.
- OSU-Okmulgee will be a screening site for the National Anxiety Screening Day.

**Objective 3.2:** Develop working relationships with community services in the county.

Strategies:

- Host meetings on campus with agency staff.
- Attend and participate with Chamber of Commerce meetings.
- Be actively involved with Okmulgee Family Resource Center.
- Invite community experts to provide education and training to students.

**Goal Four. Provide support services to diverse student body, including students with disabilities to assist in student retention.**

**Critical Success Factors:**

- 20% decrease in drop out rate
- Zero compliance complaints by students
- 20% decrease in the reported use of alcohol and drugs
- 20% decrease in student conduct issues
- 100% of students will receive information about student assistance services

**Objectives:**

**Objective 4.1:** Provide academic accommodations and assistive technologies to eligible students with disabilities per Section 504 of the ADA.

Strategies:

- Educate faculty and staff by providing in-service training and the Access Services Handbook for Faculty.
- Educate students with disabilities of the policies and procedures of Access Services by providing the Access Services Handbook for Students.
- Offer technical assistance/computer assistance appropriate for the disabilities.
- Timely notification of accommodation requests- 24 hour turnaround after process is complete.
- Establish a resource room equipped with assistive technologies.

**Objective 4.2:** Develop programming to increase and promote mental health.

Strategies:

- Offer National Alcohol Screening to all college students.
- Offer National Depression Screening to all college students.
- Provide training to residential life student employees to increase awareness of mental health symptoms.
- Provide virtual pamphlets on the Counseling and Access Services Website.
- Offer 'Mental Health Topic of the Month' education and services campus wide.

**Objective 4.3:** Develop a student assistance program to assure appropriate interventions and provide seamless services to students.

Strategies:

- Establish working relations with area treatment facilities.
- Establish referral system and processes for treatment.
- Enhance communication to provide outpatient support services.
- Apply for a grant through the US Dept of Education-Safe and Drug-Free Schools Programs to fund this effort.